



THE
DE LA SALLE
ACADEMY



Ref: SP/DH/Public Health Advice
20th November 2019

Dear Parents/Guardians

I hope you are well.

As winter approaches, invariably there are an increasing number of colds and bugs going around.

Public Health England has advised us that at present there are more of these than usual across the region, and that is something that we have seen as our attendance has been lower than normal at the start of this week.

In order to ensure that students and staff remain healthy and well, we have taken proactive steps to ensure that the academy is as bug-free and clean as possible. As part of this, we have commissioned our cleaning company to come and do additional cleaning work across all our communal spaces to help stop colds and bugs being passed around.

There is also some helpful advice on the NHS website about how to help you and your family avoid bugs and stay healthy this winter. These are:

<https://www.nhs.uk/live-well/healthy-body/five-ways-to-stay-healthy-this-winter/>

<https://www.nhs.uk/live-well/healthy-body/how-to-prevent-germs-from-spreading/>

Thank you for all your support.

Yours sincerely

Principal
David Hayes

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